

RESOURCES FOR NEBRASKA CONNECTS: REMAKING NEBRASKA MEDICINE



AARP

888-687-2277 (888-OUR-AARP) or Eldercare Locator 800-677-1116 or www.aarp.org

- Provides informational articles on elder caregiving and help for long-distance searching of resources for loved ones

Adult Protective Services

800-652-1999

- To report abuse or neglect of a vulnerable adult

Alzheimer's Association - Great Plains Chapter

800-272-3900 or www.alzgreatplains.org

American Cancer Society

800-227-2345 or www.cancer.org

- Information, education, prevention, advocacy, Road to Recovery

American Heart Association

800-242-8721 (*Press 1 for English, wait for a representative*) or www.americanheart.org

Answers for Families

www.answers4families.org

- The Answers4Families project (Nebraska Network for Children and Families) provides information, dialogue, education and support to Nebraskans with special needs by providing internet resources

Assistive Technology

888-806-6287

- Help in getting home modifications and some large durable medical equipment

Care Consultants for the Aging

402-488-3771

- Seek to find and refer caregivers and other professionals that can provide services for the aging

Caring Connections

800-658-8898 or www.caringinfo.org

- A program of the Nat'l Hospice and Palliative Care Association to improve care at the end of life

NEBRASKA RESOURCES

CIMRO of Nebraska

800-458-4262 or www.cimronebraska.org

- Quality of care concerns

Center for Independent Living

308-382-9255

Centers for Medicare & Medicaid Services (CMS)

800-MEDICARE (800-633-4227)

- Information regarding claims for durable medical equipment (DME) like walkers, wheelchairs, oxygen, lifts, prosthetics and supplies;
- Coverage of required equipment by Medicare (will Medicare pay for it?);
- Appealing a denial of payment for DME;
- Reporting possible DME billing fraud or abuse; and
- Determining the process for receiving prior authorization for seat lift mechanisms, TENS and motorized scooters.

Coordination of Benefits

800-999-1118, TTY 800-318-8782

Department of Insurance

877-564-7323

Department of Veteran Affairs

800-827-1000

- VA Medical Benefits information

Disability Determination Helpline

402-471-2961

Disability Services

(Hotline) 1-800-742-7594

ECHO Project

800-942-7830

- Educates beneficiaries on how to identify, report and prevent Medicare or Medicaid fraud and errors

Eden Alternative®

www.edenalt.com

- Philosophy to change long-term care into a home environment.

ELDERCARE Locator Service

800-677-1116

End of Life Planning

www.respectmywishes.org

End Stage Renal Disease (ESRD)

816-800-9990 (general number) or 800-444-9965 (NE only)

Every Woman Matters

402-471-0568 or 800-532-2227

NEBRASKA RESOURCES

- Help women get their annual health examinations. The program is for women 40 through 64 years of age, who have limited or no health insurance and have a low to moderate income.
- Mammograms (free or reduced cost)

Institute of Healthcare improvement

www.ihi.org

- Reliable source of energy, knowledge and support for a campaign to improve healthcare worldwide
- Helps accelerate change in healthcare by cultivating promising concepts for improving patient care and turning those ideas into action

Just Culture Community

www.justculture.org

- Concepts to provide the best balance between system and individual accountability - helping to promote the design of safe systems and helping organizations understand the limits of personal accountability.

League of Human Dignity

402-441-7871 (Lincoln)

402-371-4475 (Norfolk)

402-595-1256 (Omaha)

308-632-0470 (Scottsbluff)

Lifespan Respite Subsidy Program

866-737-7483

- Program pays up to \$125 per month to give caregivers a break if they are the primary caregiver for someone with special needs who requires continuous and ongoing care.

Long Term Care Ombudsman

402-471-2307 or 800-942-7830 (toll-free)

Medicaid (Economic Assistance)

800-430-3244

Medicare Part A

800-633-4227

- Hospital billing

Medicare Part B

800-633-4227

- Medicare bills for medications, doctor's office visits, x-rays, etc.
- Medicare coverage of outpatient services
- Reporting possible outpatient Medicare billing fraud
- Filing a complaint about a Medicare doctor
- Obtaining a list of Medicare doctors in the caller's area

Medicare Part D Benefits

816-426-5783

- Prescription Drug Coverage

Nebraska AIDS Project

800-782-2437

NEBRASKA RESOURCES

Nebraska Association of Mental Illness

877-463-6264

- Mental Health Rights

Nebraska Department of Health, Health Facilities Division

402-471-0316

- Complaints about the cleanliness of any federally licensed/certified or state licensed/certified facility
- Complaints about the quality of food or dietary issues in any federally licensed/certified or state licensed/certified facility
- Complaints about having to wait for someone to answer a call light

Nebraska Health Insurance Counseling for Seniors (SHIP - Senior Health Insurance Information Program)

800-234-7119 (Lincoln 471-2201 or Omaha 444-6617) or www.doi.ne.gov

- Information about Medicare HMO's and managed care plans
- Financial assistance for low-income Medicare beneficiaries
- How to appeal a Medicare decision
- How to organize and help understand beneficiary medical bills
- A resource to use when the caller is unsure about where to go with questions

Nebraska Hospice and Palliative Care Association

402-477-0204 or www.nebraskahospice.org

- Provides end of life care information (i.e. advanced directives, living wills, etc.)

Nursing Home, Home Health, Hospital and Physician Compare

800-MEDICARE (800-699-4227) or www.medicare.gov

Office of Inspector General (OIG)

800-HHS-TIPS (800-447-8477) Hotline

- Possible Medicare billing fraud, such as overpayment to a Medicare provider, billing for services not rendered, etc.

Patient Safety Principles in a Small Rural Hospital

www.unmc.edu/rural/patient-safety

Respite Subsidy Program

866-RESPITE (866-737-7483)

Social Security Administration

800-772-1213

- How to get a lost Medicare card replaced
- How to enroll in Medicare
- How to dis-enroll from a Medicare HMO
- Reporting a change of address on a Medicare card
- Eligibility for a low income subsidy

Statewide Number

211 or www.211.org

- Provides information about and referrals to human services for every day needs and in times of crisis

State of Nebraska, Department of Health and Human Services

402-471-9147

- Medicaid - general information, customer service, enrollment, eligibility, benefits, etc.

NEBRASKA AREA AGENCIES ON AGING

Blue Rivers Area Agency on Aging (BRAAA)

Larry Ossowski, Director
1901 Court Street
Beatrice, NE 68310-2946
Phone: (402) 223-1352 / (800) 659-3978
E-mail: larry.ossowski@hhss.ne.gov
Counties Served: Gage, Jefferson, Johnson, Nemaha, Otoe, Pawnee, Richardson, Thayer

Eastern Nebraska Office on Aging (ENOA)

Beverly Griffith, Director
4223 Center Street
Omaha, NE 68105
Phone: (402) 444-6444, (402) 721-7770 (Washington/Dodge Counties) / (888) 554-2711
E-mail: bev.griffith@hhss.ne.gov
Counties Served: Cass, Dodge, Douglas, Sarpy, Washington

Lincoln Area Agency on Aging (LAA)

June Pederson, Director
1001 O Street, Suite 101
Lincoln, NE 68508-3627
Phone: (402) 441-7022 or (800) 247-0938
LIFE (402) 441-7070
E-mail: jpederson@lincoln.ne.gov
Counties Served: Butler, Fillmore, Lancaster, Polk, Saline, Saunders, Seward, York

Midland Area Agency on Aging (MAAA)

Dick Bauer, Executive Director
P.O. Box 905
Hastings, NE 68902
Phone: (402) 463-4565 / (800) 955-9714
E-mail: Dick.Bauer@hhss.ne.gov
Counties Served: Adams, Clay, Hall, Hamilton, Howard, Merrick, Nuckolls, Webster

Northeast Nebraska Area Agency on Aging (NENAAA)

Connie Cooper, Director
P.O. Box 1447
119 Norfolk Ave.
Norfolk, NE 68702-1447
Phone: (402) 370-3454 / (800) 672-8368
E-mail: connie.cooper@hhss.ne.gov
Counties Served: Antelope, Boone, Boyd, Brown, Burt, Cedar, Cherry, Colfax, Cuming, Dakota, Dixon, Holt, Keya Paha, Knox, Madison, Nance, Pierce, Platte, Rock, Stanton, Thurston, Wayne

Office of Western Nebraska (AOWN)

Victor Walker, Director
Bluffs Business Center
1517 Broadway, Suite 122
Scottsbluff, NE 69361-3184
Phone: (308) 635-0851 / (800) 682-5140
E-mail: vic.walker@hhss.ne.gov
Counties Served: Banner, Box Butte, Cheyenne, Dawes, Deuel, Garden, Kimball, Morrill, Scotts Bluff, Sheridan, Sioux

NEBRASKA AREA AGENCIES ON AGING

South Central Nebraska Area Agency on Aging (SCNAAA)

Rod Horsley, Director

Suttle Plaza

4623 2nd Ave., Suite 4

P.O. Box 3009

Kearney, NE 68848-3009

Phone: (308) 234-1851 / (800) 658-4320

E-mail: rod.horsley@hhss.ne.gov

Counties Served: Blaine, Buffalo, Custer, Franklin, Furnas, Garfield, Greeley, Harlan, Kearney, Loup, Phelps, Sherman, Valley, Wheeler

West Central Nebraska Area Agency on Aging (WCNAAA)

Linda Foreman, Director

115 N. Vine.

North Platte, NE 69101-3902

Phone: (308) 535-8195 / (800) 662-2961

E-mail: linda.foreman@hhss.ne.gov

Counties Served: Keith, Arthur, Grant, Hooker and Thomas, McPherson, Logan, Lincoln

NE CONNECTS CONTACTS

Panel Members:

Robert Arias, PhD
Arias Neuropsychology and Behavioral Medicine - Lincoln, Nebraska

Helen Fagen, Diversity Coordinator-Human Resources
BryanLGH Medical Center East - Lincoln, Nebraska

Kimberly Galt, PharmD, Professor of Pharmacy Practice and Associate Dean for Research
School of Pharmacy and Health Professions, Creighton University - Omaha, Nebraska

Dale Michels, MD
Lincoln Family Medical Group - Lincoln, Nebraska

Kermit Moore, RN, BSN, Chief Nursing Officer
Nemaha County Hospital - Auburn, Nebraska

Highlighted Facilities:

Alegent Health Bergan Mercy Medical Center

402-398-6060 or www.alegent.com
7500 Mercy Road
Omaha, Nebraska 68124

Mary Lanning Memorial Hospital

402-463-4521 or www.mlhm.org
715 N. St. Joseph Ave.
Hastings, NE 68901

Nemaha County Hospital

402-274-4366 or www.nchnet.org
2022 13th Street
Auburn, NE 68305

